



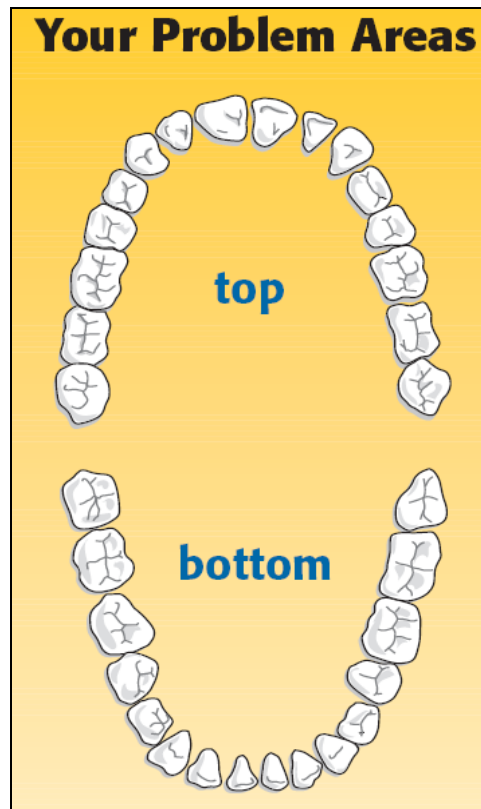
Fairfield County Implants & Periodontics, PC

POST-PERIODONTAL THERAPY INSTRUCTIONS

Checked boxes apply to you

- 0.12% CHLORHEXIDINE (PerioGard®, Peridex®) DIRECTIONS
 - As mouthrinse
 - Rinse with 1 teaspoon for 30 seconds, then expectorate
 - Use ONCE/TWICE daily
 - As brushing solution
 - Dip toothbrush (manual or electric) in chlorhexidine solution
 - Massage gums with circular motion for 1-3 minutes

- POST-LOCAL ANTIBIOTIC (Arestin®) APPLICATION DIRECTIONS
 - Wait 12 hours before brushing
 - Do NOT use floss, toothpicks, interproximal brushes or other hygiene aids in between teeth for 1 week
 - Avoid hard, crunchy or sticky foods for 1 week
 - Do NOT touch the treated area(s) for 1 week (**marked below**)





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