



Fairfield County Implants & Periodontics, PC

Oral Sedation Instructions

The purpose of taking this medication is to decrease anxiety prior to and during your dental treatment. It is to be used only short-term.

The benefit of Halcion (triazolam) is that it has a short period of effect, on average 5-6 hours and a maximum of 6-8 hours.

1. Be sure not to take other sedatives, benzodiazepines or sleeping pills with this drug. Do not drink alcohol when taking benzodiazepines. Alcohol can lower your blood pressure and decrease your breathing rate to the point of unconsciousness.
2. **You MUST have a driver bring you to and take you from your appointments when oral sedation is to be used.**
Please give the name and phone number of your driver to our receptionist upon check-in.
3. If you are pregnant, plan to become pregnant or are breastfeeding, do not take this medication.
4. Do not use if you have had negative reactions to other benzodiazepines, you have a history of drug dependence or if you are seriously depressed.
5. Do not take if you have a history of glaucoma.
6. We recommend that you do not eat 3 hours prior to your appointment.
7. It is also recommended to have someone with you in the 8 hours following sedation.
(See side effects below)

What are the side effects?

Most common side effects: dizziness, drowsiness, headaches, amnesia and confusion

Signature of acknowledgment: _____

Date: _____

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