



Fairfield County Implants & Periodontics, PC

PRE-OPERATIVE INSTRUCTIONS FOR IV SEDATION

PROCEDURE LENGTH	1 hr 1 ½ hrs 2 hrs 2 ½ hrs 3 hrs Other: _____ hrs
PRE-APPOINTMENT CARE	<p>1 week prior:</p> <ul style="list-style-type: none"> <input type="radio"/> Abstain from smoking <input type="radio"/> If necessary <i>AND</i> cleared by physician, STOP blood thinners (like Coumadin[®], Plavix[®], Pradaxa[®], Xarelto[®], aspirin, Vitamin E, omega-3 fatty acids) <p>2 days prior:</p> <ul style="list-style-type: none"> <input type="radio"/> Begin Arnica. Take 5 pellets 3x/day. <p>1 night prior and morning of appointment:</p> <ul style="list-style-type: none"> <input type="radio"/> take prescribed sedative called[®] (triazolam 0.25mg) or Ativan[®] (lorazepam) <p>6 hours prior:</p> <ul style="list-style-type: none"> <input type="radio"/> <i>DO NOT EAT OR DRINK</i> anything from this time on <i>WITH THE EXCEPTION OF MEDICATION</i>
MANDATORY	<ul style="list-style-type: none"> <input type="radio"/> Take Ativan/Triazolam 1 hour prior to appointment <input type="radio"/> Take your routine prescriptions; Ex: blood pressure, cardiac, hyper tension meds, etc..., two hours prior to appointment with just a sip of water. <input type="radio"/> Bring the following medications to appointment IF WE PRESCRIBED them to you: Halcion/Triazolam/Ativan <input type="radio"/> Wear loose, comfortable clothing with short sleeves <input type="radio"/> Do not wear make-up <input type="radio"/> Shave facial hair if you can <input type="radio"/> <i>ARRANGE A RIDE</i> to and from the office

Please contact us anytime if you have any questions or concerns before or after your procedure. If you have any questions after hours, please call the office number (below) and follow the prompts. Thank you.

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